January 21 - 27 Chestnut Lane Weekly Menu

descriptions/ingredients for these menu items will be posted in dining room and by elevators for your information.

Sunday 21	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27
Breakfast	***Breakfast***	***Breakfast***	***Breakfast***	***Breakfast***	***Breakfast***	***Breakfast***
Toast	Toast	Toast	Toast	Toast	Toast	Toast
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice
Eggs Fritata (fresh tomatoes w/ bacon	Denver Omlet (Pepper & Onions) w/ white or wheat toast Hashbrowns	Apple Pancakes w/ sausage	Cheddar cheese & egg scramble w/ bacon	Cinnamon French Toast w/ sausage	Belgium waffles w/ blueberries Country Ham	Scrambled eggs w/ sausage & biscuits
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk, Tea, Coffee	Milk, Tea, Coffee	Milk, Tea, Coffee	Milk, Tea, Coffee	Milk, Tea, Coffee	Milk, Tea, Coffee	Milk, Tea, Coffee
Lunch	***Lunch***	***Lunch***	***Lunch***	***Lunch***	***Lunch***	***Lunch***
Lentil soup w/ Ham	Salami & Cheese on Rye bread	Pasta Primavera w/ Beef	Turkey w/ jack cheese on Rye bread	Chicken Caesar Salad	Navy Bean & Ham Stew	Cream of Broccoli Soup
Vegetarian Lunch	***Vegetarian Lunch***	***Vegetarian Lunch***	***Vegetarian Lunch***	***Vegetarian Lunch***	***Vegetarian Lunch***	***Vegetarian Lunch***
Vegetarian Lentil Soup	Grilled Tofu & Veggie Sandwich	Pasta Primavera	Veggie Dogs w/ sauerkraut	Vegetable Chef Salad	Veggie Fajitas	Cream of Broccoli Soup
Lunches served with:	***Lunches served with:***	***Lunches served with:***	***Lunches served with:***	***Lunches served with:***	***Lunches served with:***	***Lunches served with:***
Corn Bread	Chips	Rolls	Chips	Vegetable soup	Rolls	Garden Salad
Garden Salad	Pickle	Garden Salad	Pickle	Toasted Foccacia Bread	Garden Salad	Rolls
Choice of Dessert	Choice of Dessert	Choice of Dessert	Choice of Dessert	Choice of Dessert	Choice of Dessert	Choice of Dessert
Snack Suggestion	***Snack Suggestion***	***Snack Suggestion***	***Snack Suggestion***	***Snack Suggestion***	***Snack Suggestion***	***Snack Suggestion***
ask staff for assistance	ask staff for assistance	ask staff for assistance	ask staff for assistance	ask staff for assistance	ask staff for assistance	ask staff for assistance
Watermelon	Cantaloupe	Watermelon	Honeydew	Cantatoupe	Fresh pineapple	Honeydew
Dinner	***Dinner***	***Dinner***	***Dinner***	***Dinner***	***Dinner***	***Dinner***
Grilled Talepia (Fish) w/ Tomato cream sauce	Pineapple Ham	Tuscav chicken & Pesto	Baked Salmon w/ Lemon butter sauce	BBQ Chicken	Roast Turkey w/ Gravy	Salmon cakes w/ Dill cream sauce
Vegetarian Dinner	***Vegetarian Dinner***	***Vegetarian Dinner***	***Vegetarian Dinner***	***Vegetarian Dinner***	***Vegetarian Dinner***	***Vegetarian Dinner***
Vegetable Quiche	Veggie Burgers	Grilled Tofu over Rice	Veggie "Chicken" Nuggets	BBQ Veggies & Tempe	Marinated Tofu & Veg over Rice	Grilled vegetables over White Beans & Rice
Dinners served with:	***Dinners served with:***	***Dinners served with:***	***Dinners served with:***	***Dinners served with:***	***Dinners served with:***	***Dinners served with:***
Dinner rolls	Garlic Mashed Potatoes	Rice Pilaf	Oven Roasted Potatoes	Mashed Potatoes	Cranberry Sauce	Rice
Vegetable of the day	Gravy Vegetable of the day	Veg de jour	Veg de jour	Veg de jour	Stuffing Veg de jour	Veg de jour
Choice of Dessert	Choice of Dessert	Choice of Dessert	Choice of Dessert	Choice of Dessert	Choice of Dessert	Choice of Dessert