

Chestnut Lane

for Deaf and Deaf/Blind

Chestnut Lane Assisted Living Community Tribune

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Field Trip to Hood River Pumpkin Funland: October 10th 2006



WOW! A large group of us went to the Pumpkin Funland in Hood River on the 10th of October. The shuttle was full of residents, and even more followed behind in cars. We drove to Hood River and the weather was perfect for the Fall Season. When we arrived, we found out that there was a lot of gravel, which was hard for our four residents in wheelchairs to navigate. They were a little upset with the Activity Director for the misunderstanding; the website had said that Pumpkin Funland was wheelchair accessible! It was so hard for them to move their wheelchairs and so our volunteers tried to push them instead. It was frustrating for everyone, and Activity Director was disappointed because of the misleading wording on the website. We went into the tent and saw a pumpkin show. The staff made one pumpkin look like Micheal Jackson!

It was very interesting and all of the residents enjoyed the show. Then we went to another tent where we found a lot of fruit, nuts, and jam to taste. Many residents enjoyed the samples. The apples were really big and were being sold at a great price, so some people bought apples to bring home. We decided to head out because the gravel was so hard to walk on, and especially hard for the wheelchairs. But, we were not ready go back to Chestnut Lane. So, we voted to go eat out at Shari's on the way! We all had a great, relaxing time, and it was fun to enjoy a surprise visit to Shari's on the way home.



Field Trip to Lincoln City Casino Chinook Winds: October 24th 2006



This is second time we have taken a trip to a Casino, but this time we tried somewhere new. Our first casino field trip was to Spirit Mountain in July. This time, we went to Chinook Winds. The weather was only so - so, it was rainy and cold in the morning. We used the Shuttle and drove two and a half hours to get there. The weather did not start to brighten up until we were just 2 miles away from the casino. Then suddenly, "Whoa!" the weather turned beautiful and we could see the ocean clearly. We were so excited and wanted get off the shuttle and go play. Our

residents started to explore the area and play with the machines. At about 3 pm, half of the group was ready go home. The Activity Director told them to remember, they had came all that way to relax and have fun. No rush to get back. Let's go see the beach! It was cold outside but some residents went to see it. The ocean was so wonderful; we loved to see the waves splashing on the sand. Soon enough, it was time for a buffet dinner. Wow, there was so much food! We sat down, enjoyed our meal and chatted. Some residents won some money at the casino! It was a nice drive back to Chestnut lane around 8:30pm. We had the best time of our life!!

Chestnut Lane Director Report



Sherry Andrus:

Greetings to all!
As Thanksgiving approaches, I find myself reflecting about how grateful I am to be associated with such a wonderful community as Chestnut Lane.

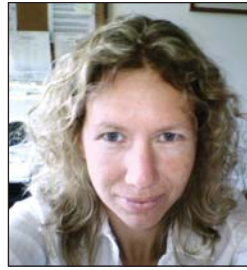
When I go to conventions in other states, I realize how important having an assisted living center that accepts ONLY Deaf is to our Deaf community around the nation. Only a few states are as fortunate as we are in Oregon to offer such a wonderful home to deaf and deaf/blind that need assisted living. Those of you from other states are well aware of this because you have had to leave your home states to live at Chestnut Lane because you realize the importance of living in a community where communication is no longer a barrier. Each one of us is critical to help spread the word to our friends and family about how important Chestnut is to you so that other states will begin to see the value of having their own assisted living community for the Deaf.

In order to show you how important each and every one of you is to the success of Chestnut Lane, I want to invite you all to our Resident Appreciation Night on Friday, November 17 at 7pm in the dining room. Come join us for a night of entertainment, food, drinks, and laughter! It's time for us to honor YOU, the residents that make it all happen.

Make sure to mark your calendars for some of our Holiday Bazaar and Trade Show the first weekend in December at Chestnut Lane! Crafts, food, and local businesses will have booths set up throughout Chestnut Lane for your education and pleasure. Proceeds from the booth rental will go towards your Resident Fund to allow us to plan more field trips throughout the year. If you have a special talent in crafts, jewelry making, or whatever and would like a booth at our Bazaar, please let Jeska know soon so she can begin planning the booth layout around the building. I look forward to seeing you there.

Happy Holidays to you all!

Activity Director Report



Jeska Duckworth:

Hello everyone! I would like to share a few words about some things I have noticed among our staff and our residents in the past several months that have really struck me as special. Before I start, I want to really emphasize that I appreciate

everyone here, residents and staff; we are what makes Chestnut Lane what it is! In this issue, I will highlight the contributions of a few special people, though everyone contributes to Chestnut in an important and irreplaceable way. Thank you to everyone for being a part of this great community!

First of all, I have been noticing several things that I would like to share about the way our staff has been working with our residents. To the staff: I have been so impressed with you guys and your patience! Having such a wonderful staff really makes the residents feel comfortable and safe in your care. We all know sign language, which of course is very important for our communication with each other and with our residents. So, I want to say a big thank you to all of you staff; you all work hard and do such a great job!

Now to highlight a couple of people in particular. I would like to say a big thank you to our RCC (Residential Care Coordinator), Kaneshia Kindblade. She is an amazing person! Some things about Kaneshia: our residents feel very comfortable sharing their health concerns with her, which is vital in her role here. She makes sure everyone makes it to their doctor's appointments and eye appointments, and she is always open with her personality. Our residents and staff feel instantly comfortable with her. People often tell me that they are so grateful have her here. She has touched many of our hearts, and works so hard for all of us. Thank you Kaneshia for all that you do!

Lastly - wow, how amazing are Matthew Seiden and Mary Okada?!?! They both have wonderful hearts as well. First of all, Matt. He is very willing to help with our residents; I have never seen him sign "no" to any of them, in fact. He will take them to bank, post office, store, etc., anytime that he is asked. He has a lot of patience and a lot of respect. Also, he has been a big help to our Activity Director with Bingo!! Bless you Matt! I would also like to highlight the contributions

of Mary, who is very helpful in the dining room among other things. She helps to clean up and set up the tables to get them ready for meals. I have never seen her complain, she is also always willing to help with whatever Chestnut needs. Matt and Mary, thank you so much, you are wonderful for Chestnut Lane! Thank you also to the many people, residents and staff, not mentioned here. It is so great to see you everyday – Chestnut Lane is very special to me because of all of you. Thank you all!

Birthdays	
Max Bond	November 1st
Art Larson	November 16th
Frances Baim	November 17th
Clarence Pitts	November 19th
Della Martin	November 24th
Chris Crone	November 29th

Chestnut Lane's Nut Report



Chestnut history

Probably one of the first foods eaten by man, the chestnut dates back to prehistoric times. The chestnut tree, *Castanea sativa*, was first introduced to Europe via Greece. The majority of the chestnut trees currently found in America is of native European stock, but Native Americans feasted on America's own variety, *Castanea dentata*, long before European immigrants introduced their stock to America. In 1904, diseased Asian chestnut trees planted on Long Island, New York carried a fungus hitchhiker that nearly divested the American chestnut population, leaving only a few groves in California and the Pacific Northwest to escape



the blight. Nowadays most of the chestnut food crop is imported from Japan, China, Spain, and Italy. Chestnuts are known as maroons in France and some parts of Europe. These starchy nuts are given to the poor as a symbol of sustenance on the Feast of Saint Martin and are also traditionally eaten on Saint Simon's Day in Tuscany. Legend has it that the Greek army survived on their stores of chestnuts during their retreat from Asia Minor in 401-399 B.C. Chestnuts contains twice as much starch as potatoes. It's no wonder they are still an important food crop in China, Japan, and southern Europe where they are often ground into a meal for bread making, thus giving rise to the nickname of "bread tree." Chestnut timber resembles its cousin the oak, in both color and texture, and is highly-valued. Also known for its tanning properties, the trees can live up to five hundred years and usually do not begin to produce fruit until they are forty years old.

To roast chestnuts, make cuts as described above. They can potentially explode from internal pressure if not pierced. Place on a baking sheet in a 400-degree F. oven for 15 to 20 minutes, stirring occasionally. Serve hot. To roast in a fire, take an aluminum pie plate and punch rows of holes. Make cuts in chestnuts or puncture them to release steam and place on a grill over white hot coals. If you have a chestnut roaster for the fireplace, all the better.



WELCOME: Cindy Fraiser!
Chestnut's newest RN. (A secret for all who don't know - Cindy is our Director Sherry's sister!)

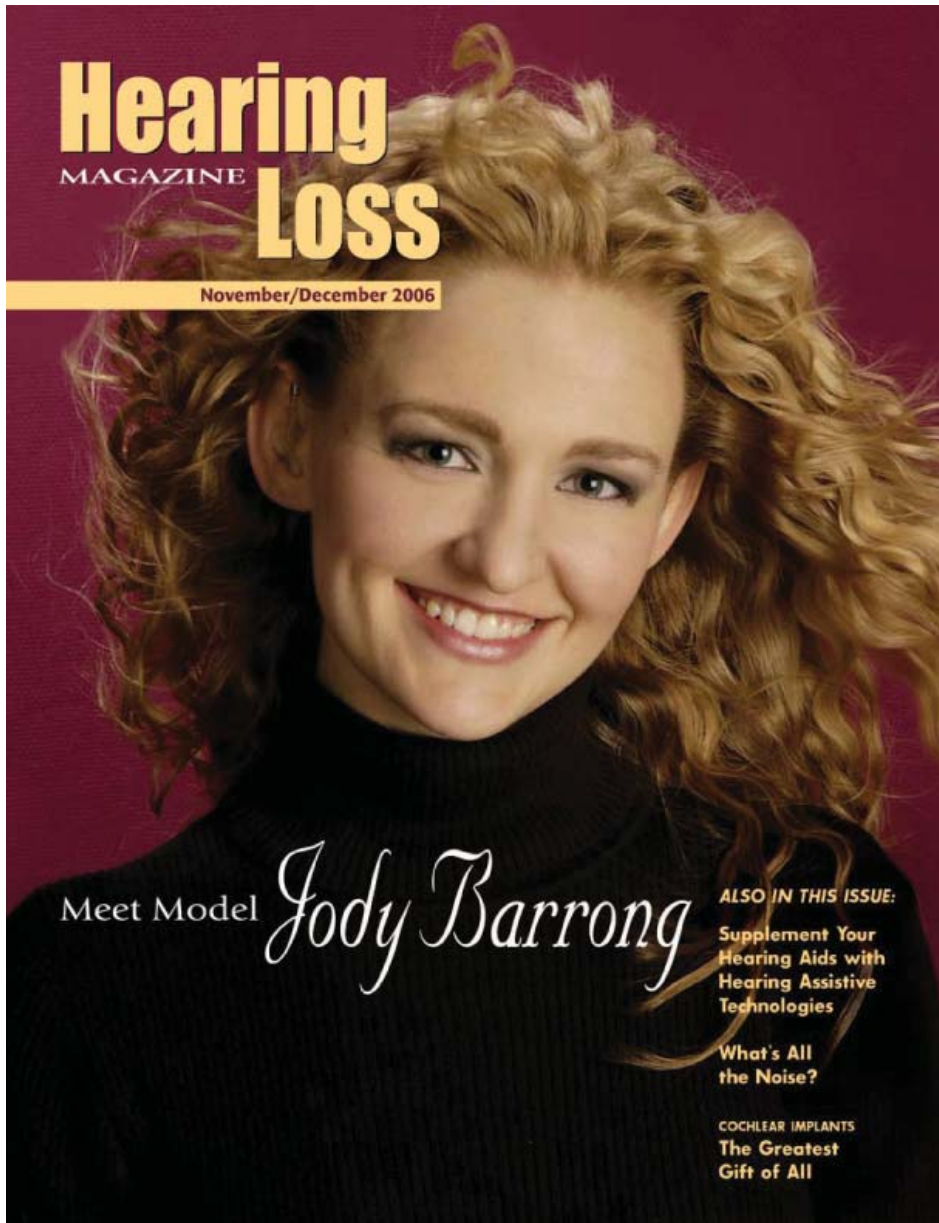
Next Bingo Social!

Saturday, November 18th, 1:30 pm
Come for games, ice cream and pies
Admission: \$3.00

Complete the Word Find puzzle in Chestnut's newsletter for \$1.00 off admission. Come one, come all!



PSA Jody Barrong in Hearing Loss Magazine!!!



Hearing Loss Magazine:
How did you get interested in modeling?

Jody:

I went to Portland Community College and became a Certified Nursing Assistant. I was also doing retail work at the same time. One day, I was referred to a photographer who needed a model for his photo work. It all went up from there with modeling assignments for hair, runway, and gallery photo assignments. I am also doing some acting with a comedy troupe comprised of hard of hearing and Deaf people, and some stand-in work for commercials and websites.



Hearing Loss Magazine:

Let's go back to your career as a nurse. Did you enjoy that and how did you communicate with patients?

Jody:

I stopped my nursing career and furthering my education in that field because I fainted during an IV procedure. Nursing was not the career for me when I realized I couldn't tolerate needles and the sight of blood.

I worked at Chestnut Lane Assisted Living Facility for Deaf and Deaf-Blind residents, a new conceptual facility in the United States located in Gresham, Oregon. All the residents and staff use sign language. It was a great experience working there and I still volunteer there because I love the residents and always feel I learn something valuable from them.

If you are interested in reading more of this article, please order at <http://www.hearingloss.org>.